Grievances and Appeals

You may not always be happy with UnitedHealthcare Community Plan of Missouri. We want to hear from you. UnitedHealthcare Community Plan has people who can help you. UnitedHealthcare Community Plan cannot take your benefits away because you make a grievance, appeal, or ask for a State Fair Hearing.

There are two ways to tell UnitedHealthcare Community Plan about a problem: Grievance or Appeal

A **Grievance** is a way for you to show dissatisfaction about things like:
- The quality of care or services you received.
- The way you were treated by a provider.
- A disagreement you may have with a MO HealthNet Managed Care health plan policy.
- You do not agree to the extension of time requested for a decision of a grievance or an appeal.
- You do not agree to the extension of time requested by your MO HealthNet Managed care health plan to make an authorization decision.

An **Appeal** is a way for you to ask for a review when your MO HealthNet Managed Care health plan:

Makes an adverse benefit determination to:
- Deny or give a limited approval of a requested service;
- Deny, reduce, suspend, or end a service already approved; or
- Deny payment for a service;

Or fails to:
- Act within required time frames for getting a service;
- Make a grievance resolution within thirty (30) calendar days of receipt of request;
- Make an expedited decision within seventy-two (72) hours of receipt of request;
- Make an appeal resolution within thirty (30) calendar days of receipt of request.

UnitedHealthcare Community Plan must give you a written Notice of Adverse Benefit Determination if any of these actions happen. The Notice of Adverse Benefit Determination will tell you what we did and why and give you your rights to appeal and ask for a State Fair Hearing.
You have some special rights when making a Grievance or Appeal.

1. A qualified clinical professional will look at medical grievances or appeals.
2. If you do not speak or understand English, call 1-866-292-0359, TTY 711, to get help from someone who speaks your language.
3. You may ask anyone such as a family member, your minister, a friend, your provider, authorized representative or an attorney to help you make a grievance or an appeal.
4. If your physical or behavioral health is in danger, a review will be done within seventy-two (72) hours or sooner. This is called an expedited review. Call UnitedHealthcare Community Plan if you think you need an expedited review.
5. UnitedHealthcare Community Plan may take up to to fourteen (14) calendar days longer to decide if you request the change of time or if we think it is in your best interest. If UnitedHealthcare Community Plan changes the time we must tell you in writing the reason for the delay.
6. If you have been getting medical care and your MO HealthNet Managed Care health plan reduces, suspends, or ends the service, you can appeal. In order for medical care not to stop while you appeal the decision you must appeal within ten (10) calendar days from the date the Notice of Adverse Benefit Determination was mailed and tell us not to stop the service while you appeal. If you do not win your appeal you may have to pay for the medical care you got during this time.
7. You may request enrollment in another MO HealthNet Managed Care health plan if the issue cannot be resolved.

How to make a Grievance or Appeal and ask for a State Fair Hearing.

1. GRIEVANCE — You may file a grievance on the telephone, in person, or in writing. Call UnitedHealthcare Community Plan at 1-866-292-0359, TTY 711, to file a grievance.
   - UnitedHealthcare Community Plan will write you within ten (10) calendar days and let you know we got your grievance.
   - UnitedHealthcare Community Plan must give written notice of a decision within thirty (30) calendar days.

2. APPEAL — You may file an appeal orally or in writing to UnitedHealthcare Community Plan. Unless you need an expedited review, you must complete a written request even if you filed orally.
   - You must appeal within sixty (60) calendar days from the date of our Notice of Adverse Benefit Determination.
   - For help on how to make an appeal, call UnitedHealthcare Community Plan at 1-866-292-0359, TTY 711.
• Send your written appeal to:
  Member Services
  UnitedHealthcare Community Plan
  Grievance and Appeals
  P.O. Box 31364
  Salt Lake City, UT 84131-0364

• UnitedHealthcare Community Plan must write you within ten (10) calendar days and let you know we got your appeal.

• UnitedHealthcare Community Plan must give written notice of a decision within thirty (30) calendar days unless it is an expedited review.

3. STATE FAIR HEARING — You have the right to ask for a State Fair Hearing when your MO HealthNet Managed Care health plan appeal process is complete and your appeal is not decided in your favor. You may ask for a State Fair Hearing orally or in writing. Unless you need an expedited review you must complete a written request even if you asked orally.

• You must ask for a State Fair Hearing within within one hundred twenty (120) calendar days from the date of the MO HealthNet Managed Care health plan’s written Notice of Appeal Resolution.

• For help on how to ask for a State Fair Hearing, call the MO HealthNet Division at 1-800-392-2161.

• If you do not speak or understand English, or need American Sign Language, call 1-800-392-2161 to get help from someone who speaks your language at no cost to you. This includes auxiliary aids and services. Members who use a Telecommunications Device for the Deaf (TDD) can call 1-800-735-2966. These services are available to you at no cost.

• You can send your written request to:
  MO HealthNet Division, Stakeholders Services, Participant Services Unit, P.O. Box 6500,
  Jefferson City, MO 65102-6500, or fax to 573-526-2471.

• You will be sent a form to complete. Once you send the form back, a date will be set for your hearing.

• You may ask anyone such as a family member, your minister, a friend, or an attorney to help you with a State Fair Hearing.

• A decision will be made within ninety (90) calendar days from the state agency’s receipt of a State Fair Hearing request.

• If your physical or behavioral health is in danger, a decision will be made within three (3) business days. This is called an expedited hearing. Call 1-800-392-2161 if you think you need an expedited hearing.

• If you have been getting medical care and your MO HealthNet Managed Care health plan reduces, suspends, or ends the service, you can ask for a State Fair Hearing. In order for medical care not to stop you must ask for a State Fair Hearing within ten (10) calendar days of the date the written Notice of Adverse Benefit Determination was mailed and tell us not to stop the service while you appeal. If you do not win, you may have to pay for the medical care you got during this time.
Glossary

Adoption Subsidy — Subsidy services supporting a family adopting a child. Financial, medical, and support services for the child until age 18 or in some cases until age 21. These children may choose to get their health care as a MO HealthNet Managed Care health plan member or may choose to get health care through MO HealthNet Fee-for-Service using MO HealthNet approved providers.

Advance Directive — An advance directive allows you to leave written directions about your medical treatment decisions and/or ask someone to decide your care for you.

Appeal — Is a way for you to ask for a review when your MO HealthNet Managed Care health plan makes an adverse benefit determination to deny or give a limited approval of a requested service; deny, reduce, suspend, or end a service already approved; or deny payment for a service; or fails to act within required time frames for getting a service; make a grievance resolution within thirty (30) calendar days of receipt of request; make an expedited decision within seventy-two (72) hours of receipt of request; or make an appeal resolution within thirty (30) calendar days of receipt of request.

Co-Payment — Your share for cost of services provided. A set amount of money that you will have to pay for the medical service you received. MO HealthNet Managed Care members do not pay a co-pay.

DCN – Departmental Client Number — Also known as your MO HealthNet number. This is your identification number for MO HealthNet.

Durable Medical Equipment — Necessary medical equipment that your provider has ordered for you, to assist you in and out of your home because of your medical condition.

Eligibility Group — Members who receive benefits based on age, family size, and income.

Emergency Medical Condition — A condition that requires medical attention right away. Call 911 or go to the nearest emergency room even if it is not in your health plan network.

Emergency Medical Transportation — Call 911 or the closest ambulance.

Emergency Room Care — Medical care that needs to be given right away to help care for things like: pain, chest pain, stroke, difficulty breathing, bad burns, head wounds or trauma, deep cuts/heavy bleeding; or gunshot wound.

Emergency Services — In an emergency, go to the nearest emergency room even if it is not in your health plan network or call 911. When you go the emergency room a health care provider will check to see if you need emergency care. You can call the number listed on the back of your MO HealthNet Managed Care health plan card anytime day or night if you have questions about going to the emergency room. Call your PCP after an emergency room visit.
EPSDT — Early Periodic Screening, Diagnosis, and Treatment, also known as HCY.

Excluded Services — Are medical services that your MO HealthNet Managed Care health plan does not pay for.

Grievance — A way to show dissatisfaction about things like: the quality of care or services you received, the way you were treated by a provider, a disagreement you may have with a MO HealthNet Managed Care health plan policy, or you do not agree to extend the time for a decision of a grievance or an appeal.

Habilitation Services and Devices — Are health care services that help you keep, improve, acquire, either partially or fully skills related to communication and activities of daily living, such as: talking, walking, and hearing. These services include: physical therapy, occupational therapy, speech-language pathology, and audiology. Medical devices, which include assistive devices and durable medical equipment, are used with habilitation services to improve your physical function and mobility.

HCY Program — Healthy Children and Youth, also known as EPSDT.

Health Insurance — MO HealthNet Managed Care Health Plan, is insurance that covers your medical services. You may also have other health insurance from a job or another source in addition to MO HealthNet, which helps you with paying for medical services. If you have other health insurance besides MO HealthNet Managed Care, this is called your primary insurance. This insurance company must pay for most of your health services before your MO HealthNet Managed Care health plan pays.

Home Health Care — Services provided in the member’s home who has an acute illness or long term illness which can be managed at home. Services include skilled nurse visits, home health aide visits, and medical supplies.

Hospice Services — Are services that can be given to an adult or child who is in the last six months of their life. The goal of hospice is to provide pain relief and support to the patient and family.

Hospitalization — When your doctor requires you to stay in the hospital for certain medical services to be done or certain medical conditions where you have to be monitored so your condition can be treated or does not get worse.

Hospital Outpatient Care — When you receive medical services that do not require staying in the hospital. After you have a procedure you can go home.

Medically Necessary — Is the standard used to decide if a form of treatment is appropriate for a physical or behavioral illness or injury; is going to improve the function of an injured body part; or will be able to slow the effects of a disability.
MO HealthNet Approved Provider — A doctor, nurse, clinic, pharmacy, hospital, or other providers enrolled with the MO HealthNet Division as a MO HealthNet approved provider. MO HealthNet approved providers provide services in MO HealthNet Fee-for-Service. You will show them your MO HealthNet ID card. MO HealthNet approved providers are sometimes also called MO HealthNet providers. You can do an on-line search to find a MO HealthNet approved provider at: https://dssapp.dss.mo.gov/ProviderList/sprovider.asp or you can call 1-800-392-2161 for a list of MO HealthNet approved providers.

MO HealthNet Fee-for-Service — A way to get some health care services that are not covered by UnitedHealthcare Community Plan. These services may be covered by MO HealthNet Fee-for-Service. You can go to any approved provider that takes MO HealthNet Fee-for-Service. Use only your MO HealthNet ID card. You may call 1-800-392-2161 to check on how to get these services.

MO HealthNet ID Card — The card sent to you when you are eligible for MO HealthNet.

MO HealthNet Managed Care — A way to get your MO HealthNet coverage from a MO HealthNet Managed Care health plan. You must choose a MO HealthNet Managed Care health plan or one will be chosen for you. You must also choose a Primary Care Provider. Use your MO HealthNet Managed Care card and your MO HealthNet ID card to get services. While you are waiting to get in a MO HealthNet Managed Care health plan for health care, you get services from MO HealthNet Fee-for-Service. There are a few services that members in a MO HealthNet Managed Care health plan will receive from MO HealthNet Fee-for-Service. You may call 1-800-392-2161 to check on how to get services.
MO HealthNet Managed Care Card — The card sent to you by your MO HealthNet Managed Care health plan.

Network — A group of health care providers set up by your MO HealthNet Managed Care health plan that can see you for your medical care, treatment, and supplies.

Non-Participating Provider — Is a health care provider that is not signed up as a network provider for your MO HealthNet Managed Care health plan.

Out of Home Care/Alternative Care Services (Foster Care) — Is the care of children living in a home other than their birth parents. The juvenile court removes the child from their home. The Children’s Division then sets a plan of services.

PCP — A Primary Care Provider is a health care provider who manages a member’s health care.

Participating Provider — Is a health care provider that you can see because they are signed up with your MO HealthNet Managed Care health plan.

Physician Services — Medical services provided to you by a provider who is licensed to practice under state law.

Plan — A Health Plan that provides, covers, and arranges medical services that are needed by its members for a fixed rate.

Preauthorization or Prior Authorization — Your MO HealthNet Managed Care health plan’s method of pre-approving certain services.

Premium — An amount of money that is paid for someone to receive health care insurance.

Prescription Drug Coverage — A way for you to get coverage for your medications. MO HealthNet Managed Care members prescription drug coverage is provided by Fee-For-Service.
Prescription Drugs — Medications that require prescriptions or a doctor’s order.

Primary Care Physician — A health care provider who manages a member’s health care.

Primary Care Provider — A health care provider who manages a member’s health care.

Provider — A health care provider who manages a member’s health care.

Referrals — A process used by a PCP to get you health care from another health care provider usually for specialty treatment. UnitedHealthcare Community Plan does not require a referral to see a specialist that is in the UnitedHealthcare Community Plan network.

Rehabilitation Services and Devices — Are health care services that help you keep, improve and restore skills and functions for daily living that have been lost or impaired because of an injury, illness or disability. These services include physical therapy, occupational therapy, speech-language pathology, and psychiatric services that can occur in an outpatient or inpatient setting. Medical devices, which include assistive devices and durable medical equipment, are used with rehabilitation services to improve your physical function and mobility.

Skilled Nursing Care — Is care given to you in a nursing home for a short period of time because of an injury or illness. The staff taking care of you can be a nurse, speech therapist, physical therapist, occupational therapist. The staff can help you with bathing, dressing, and personal care, eating, and walking, these are rehabilitation services. Other services that may be provided to you are social and educational activities, transportation if needed, laboratory, radiology, and pharmacy services, hospice care-end of life and respite care.

Specialist — Is a medical professional who has a lot of knowledge about your chronic illness. If you have a chronic illness and are seeing a specialist for your medical care, you may ask your MO HealthNet Managed Care health plan for a specialist to be your primary care provider.

Urgent Care — Urgent care appointments for physical or behavioral illness injuries which require care immediately but are not emergencies such as high temperature, persistent vomiting or diarrhea, symptoms which are of sudden or severe onset but which do not require emergency room services, you must been seen within twenty-four (24) hours.
UnitedHealthcare Community Plan does not treat members differently because of race, color, national origin, sex, age or disability.

If you think you were not treated fairly due to race, color, national origin, sex, age or disability, you can file a grievance. File it with:

Civil Rights Coordinator
UnitedHealthcare Civil Rights Grievance
P.O. Box 30608
Salt Lake City, UTAH 84130
UHC_Civil_Rights@uhc.com
1-866-292-0359, TTY 711

You may file on the phone, in person or in writing.

If you need help with your grievance, call 1-866-292-0359, TTY 711. Hours are Monday to Friday, 8:00 a.m. to 5:00 p.m.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services.

**Online:**
https://ocrportal.hhs.gov/ocr/portal/lobby.jsf


**Phone:**
Toll-free 1-800-368-1019, 1-800-537-7697 (TDD)

**Mail:**
U.S. Dept. of Health and Human Services
200 Independence Avenue SW
Room 509F, HHH Building
Washington, D.C. 20201

We provide communication help at no cost for people with disabilities. This includes materials with large print. It includes audio, electronic and other formats. We also provide American sign language interpreters. If English is not your main language, you may ask for an interpreter. We also provide materials in other languages. To ask for help, call 1-866-292-0359, TTY 711. Hours are Monday to Friday, 8:00 a.m. to 5:00 p.m.
ATTENTION: If you do not speak English, language assistance services, at no cost to you, are available. Call 1-866-292-0359, TTY 711.

Spanish
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-292-0359, TTY 711.

Traditional Chinese
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-866-292-0359，TTY 711。

Vietnamese

Serbo- Croatian

German

Arabic
تنبيه: إذا كنت تتحدث العربية، تتوفر خدمات المساعدة اللغوية مجانيًا. اتصل على الرقم 1-866-292-0359، الهاتف النصي 711.
Korean
참고: 한국어로 하시는 경우, 통역 서비스를 비용 부담 없이 이용하실 수 있습니다. 1-866-292-0359, TTY 711로 전화하십시오.

Russian
ВНИМАНИЕ: Если вы говорите по-русски, вы можете воспользоваться услугами переводчика, без каких-либо затрат. Звоните по тел 1-866-292-0359, TTY 711.

French
ATTENTION : Si vous parlez français, vous pouvez obtenir une assistance linguistique sans aucun frais. Appelez le 1-866-292-0359, TTY 711.

Tagalog
ATENSYON: Kung nagsasalita ka ng Tagalog, may magagamit na serbisyo ng pantulong sa wika, nang wala kang gagastusin. Tumawag sa 1-866-292-0359, TTY 711.

Pennsylvania Dutch

Farsi
توجه: اگر به زبان فارسی صحبت می‌کنید، خدمات ترجمه به زبان به صورت رایگان به شما ارائه خواهد شد. لطفاً باشمرده تلفن 0359-292-866-1, TTY 711 تماس بگیرید.
Oromo

Portuguese

Amharic
አማርኛ: የአማርኛ ያለበት ከምር እስከ የተርጋግ እርስን ይደረጉትispiel ያለበት ያለበት ከምር እስከ የተርጋግ ይደረጉትispiel ያለበት ያለበት ከምር እስከ የተርጋግ ይደረጉትpiel 1-866-292-0359, TTY 711::